

# School Mental Health Improvement Plan

## (Policy SHLT-003)

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Michael Pesce, Director, School Social Work

Kelly Lister, Sr. Administrator, Crisis Prevention & Intervention



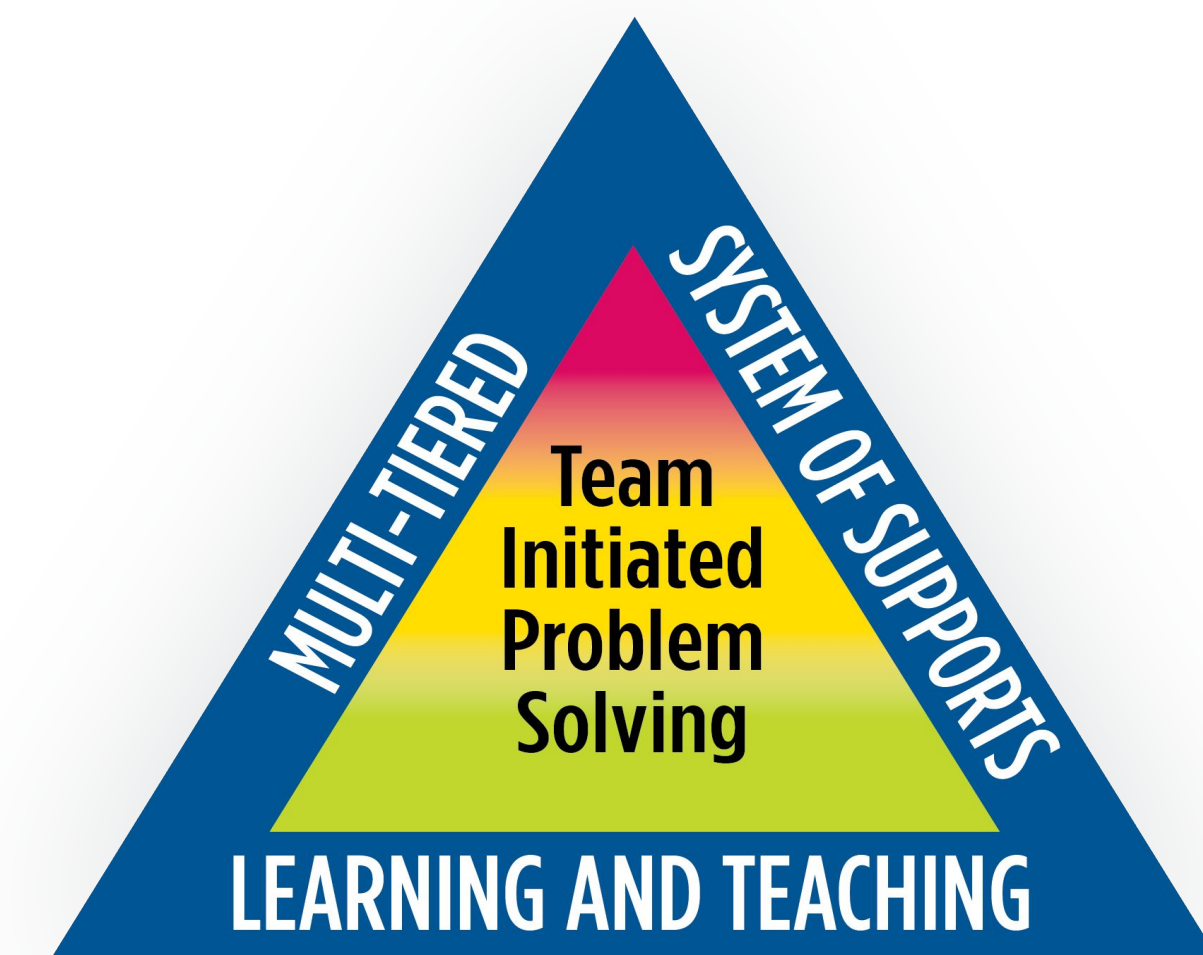
# Desired Outcomes

- 1 Behavioral Health History & Context
- 2 Review of School Mental Health Improvement Plan Requirements
- 3 High Level Overview of the WCPSS School Mental Health Improvement Plan
- 4 Obtain Board approval of the plan to meet the July 1, 2021 deadline

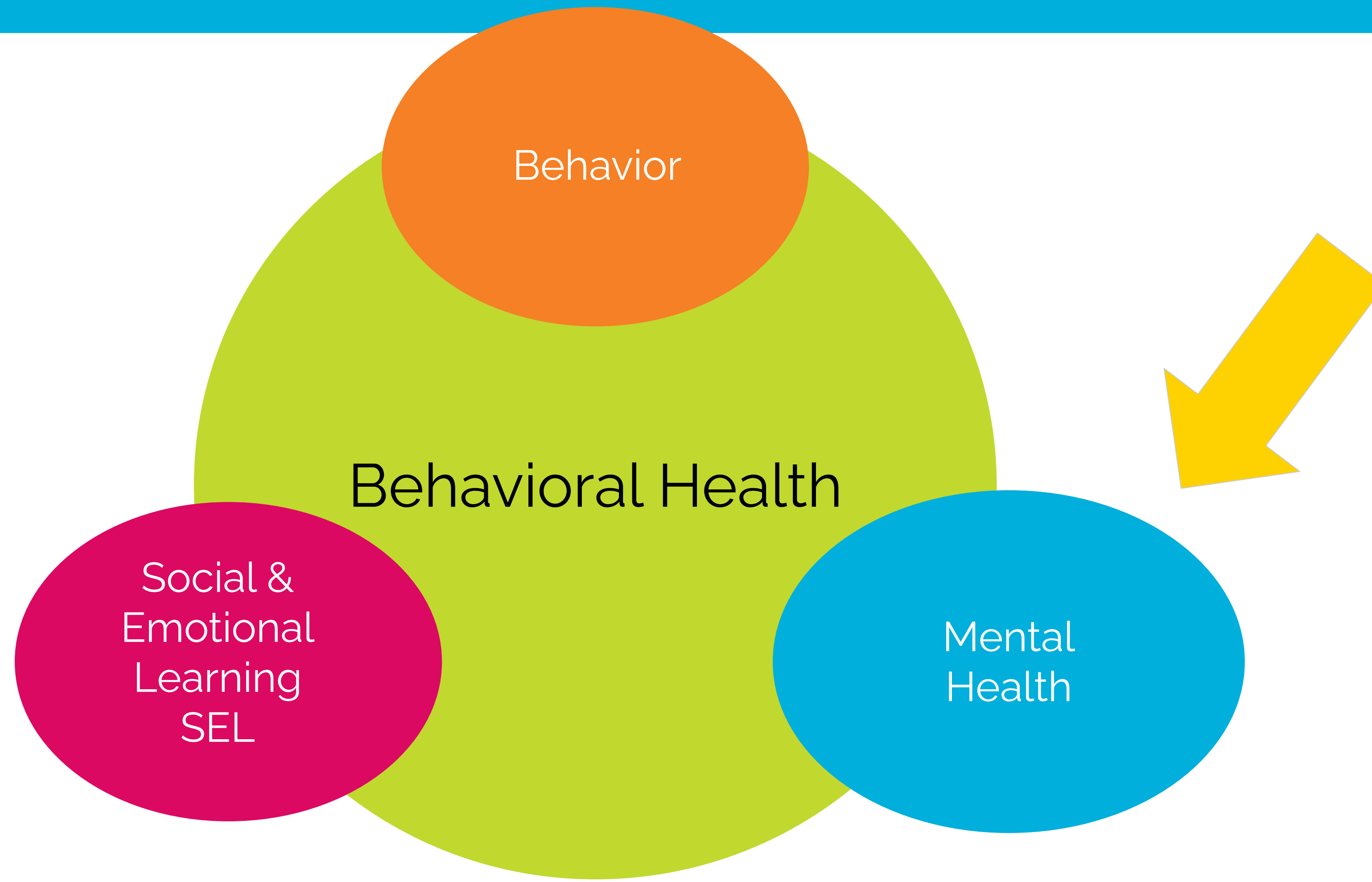
# Multi-Tiered Systems of Support (MTSS)

## Six Critical Components

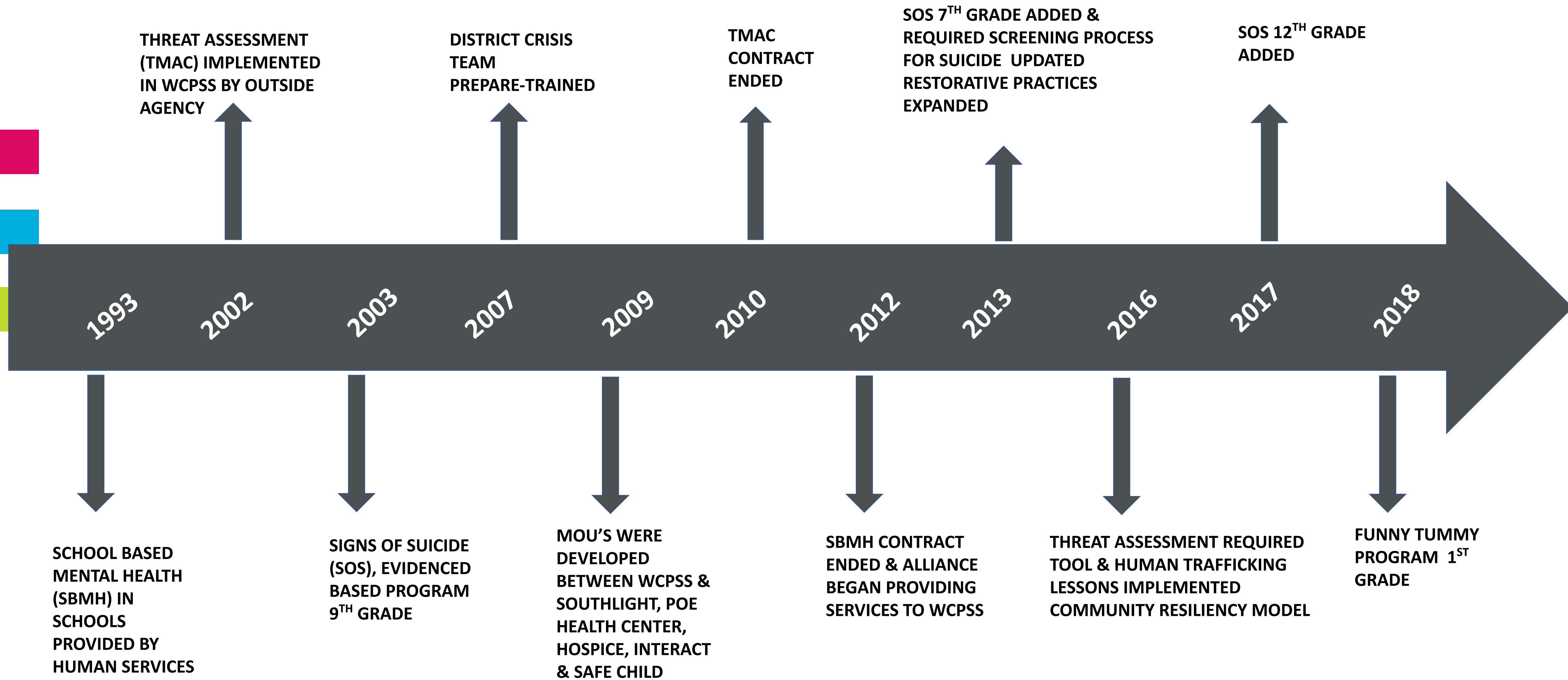
- Leadership
- Data-Based Problem Solving
- Data Evaluation
- Three-Tiered Instruction/Intervention Model
- Building Capacity/Infrastructure for Implementation
- Communication & Collaboration



# Behavioral Health



# HISTORY OF SERVICES





# School Mental Health Improvement Plan

**Each K-12 public school unit shall adopt and implement a plan for promoting student mental health and well-being and for assessing and improving upon the effectiveness of supports for the mental and social-emotional health and substance use needs of its students and staff**



# Timeline



By July 1, 2021 Public School Boards approve School Mental Health Improvement Plans



Submit School Mental Health Improvement Plan comprehensive report annually beginning September 15, 2021



Five-Year Policy Review Cycle from the State Superintendent of Public Instruction and State Board of Education



July 1, 2021



September 15  
2021



2026

# Required Components of School Mental Health Improvement Plan

**Universal Prevention**

Early Intervention for  
Mental/Social Emotional  
Health and Wellness

**Referral, Treatment,  
and Re-entry**

MOU with Local Management  
Entity/Managed Care  
Organization

**Suicide Risk Referral  
Protocol**


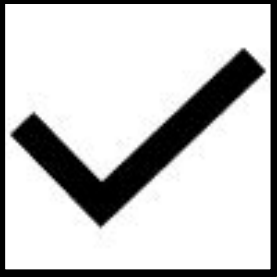


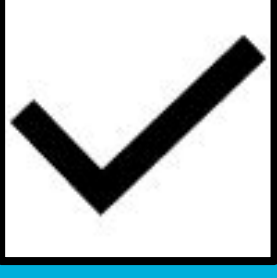
**Stakeholder  
Engagement**

**Liability**

**Reporting to DPI**

**Timeline**

# School Mental Health Improvement Plan - IN PLACE

	<b>Universal Prevention</b>
	Early Intervention for Mental/Social Emotional Health and Wellness
	MOU with Local Management Entity/Managed Care Organization
	<b>Suicide Risk Referral Protocol</b>
	<b>Stakeholder Engagement</b>

# School Mental Health Improvement Plan - IN DEVELOPMENT

Substance Abuse Interventions

Administrator Training

Threat Assessments

Telecounseling

School Based Mental Health

# Overview of WCPSS School Mental Health Improvement Plan

## School-Based Mental Health Policy (SHLT-003)

### WCPSS SCHOOL MENTAL HEALTH IMPROVEMENT PLAN

The purpose of this document is to provide an executive summary of the Wake County Public School System plan to address the mental health needs of students per the School Mental Health Improvement Plan as outlined in policy SHLT-003.

#### Universal Prevention

##### Universal

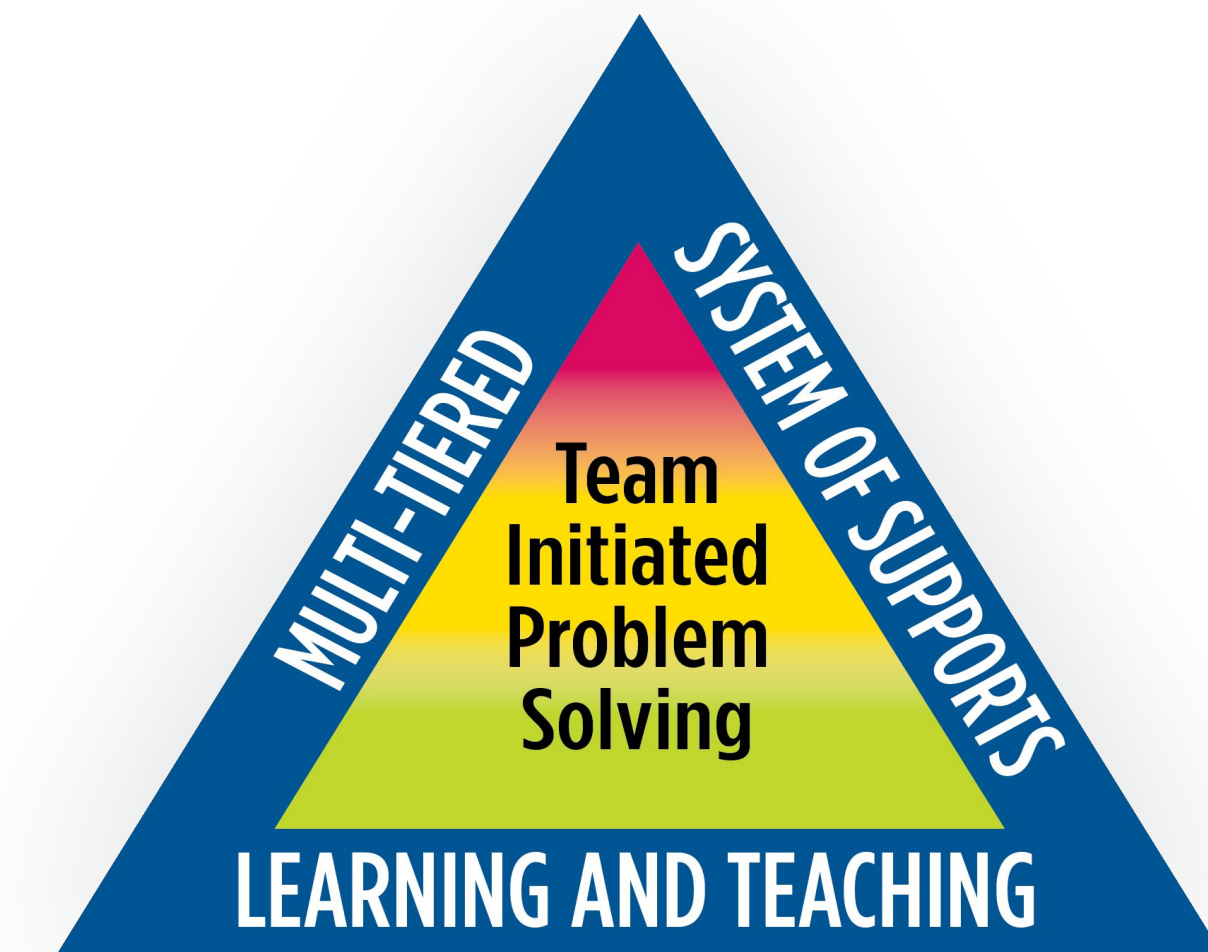
##### *In Place:*

- Classroom SEL practices
- Tiered Behavior Resource Guide
- Incorporating resources for staff and families
- Wellness and SEL Sessions
- EAP
- Behavioral Health Needs Assessment
- Healthful Living Curriculum (drug prevention awareness, healthy relationships etc.)
- Human Trafficking Lessons (7th, 8th, 9th grade)
- Staff Awareness for all WCPSS employees (covers SL 2019-245, Human Trafficking, safety risks, warning signs, risk factors for students etc.)

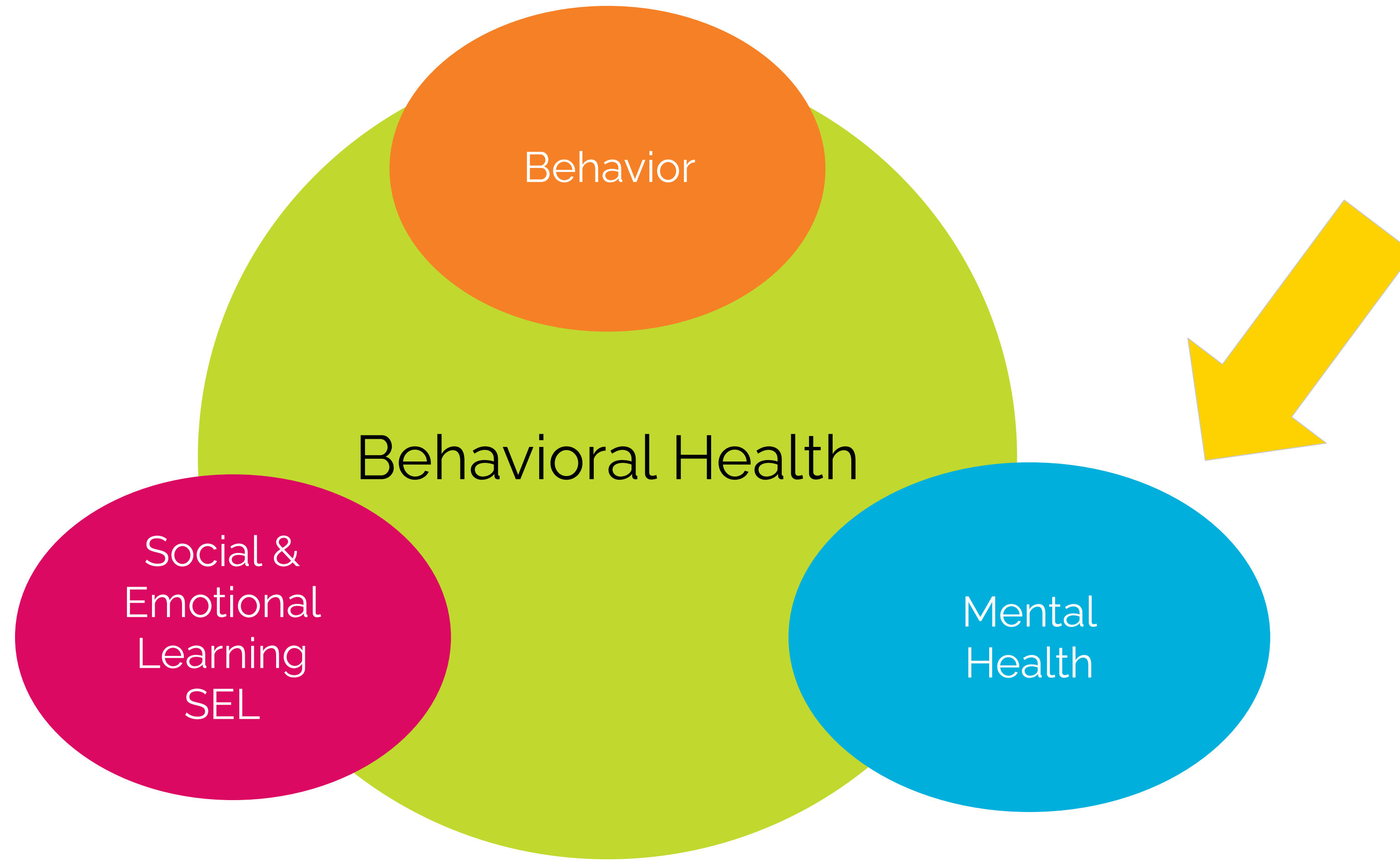
# Multi-Tiered Systems of Support

## Six Critical Components

- Leadership
- Data-Based Problem Solving
- Data Evaluation
- Three-Tiered Instruction/Intervention Model
- Building Capacity/Infrastructure for Implementation
- Communication & Collaboration



# Behavioral Health





# Board Approval

By July 1, 2021 LEA Boards approve School Mental Health Improvement Plans

*Each K-12 public school unit (PSU) shall adopt and implement a plan for promoting student mental health and well-being and for assessing and improving upon the effectiveness of supports for the mental and social-emotional health and substance use needs of its students and staff by July 1, 2021*

July 1, 2021



# QUESTIONS

